

We Can Do It!

Poems about the Olympic Values
created by young people from
Beaucroft School, Dorset, as a result of
poetry sessions led by
Tony Horitz and Gill Horitz,
State of Play Arts

A **Winning Words** Poetry and Film project
produced by Departure Arts

info@stateofplayarts.co.uk <https://www.stateofplayarts.co.uk>

RESPECT

Believe In Yourself

I'm listening to your poems.
I pick them off the floor.
You put in courage
and make someone happy.

Put a smile on your face.
Take a deep breath.
I want to hear
you read your poems.

When you're down the lights go red.
When you're up the lights slowly change
amber to green.

Raring to go.
Vroom, vroom.
Like Formula one.
He's lit up! Green for go!

Believe in yourself.
You're good,
you're very, very good.

He's a happy blue,
like sky, bringing back memories
of his family and pets,
or that good time sitting in your Ferrari
at the traffic lights.

Ryan, Nathan, Jamie, Jordan

DETERMINATION

Try To Be The Best

It's winning together,
team work and courage.

We've got mates!
Nothing's going to stop us now!

It's like lightening.
Like God saying something to you.

Try to be the best!

Aden, Andrew, Will, Dave

DETERMINATION

In Order To Thrive

When I go for a jog
I end up walking.
All the fibres of my body
tell me to do better.
So I must do better.

That's like me -
I must work harder.

I'm strong.
I must work better,
I mustn't be late.

In order to thrive
we must be strong.
We much be strong together.

Holly, Jamie, Peter

DETERMINATION

Team work is
doing our stretches,
pushing and lifting
and pulling together
like pulling
a monster truck
out of the mud

It's getting something back
and trying to be the best.

We can do it!
We can win!
We can! We can!
We can, we can, we can.

Daniel, Aidan, Star

RESPECT

It's getting a medal.
It's winning a fight.

It's like the British flag
or the Statue of Liberty.

It's someone thinking,
'It feels good to have respect.'

It feels blue like sea
and green as grass,
natural and warming.
like trees.

I just won
and feel amazed
and amazing, like a fast
slick modern Ferrari.

Whole group

Courage

Courage is skiing
over the edge of jumps.
It's standing up for himself.

Courage pushes you
to do good stuff
you've never done before.
"I tried to get my cat from the tree."

It's sticking up for someone
It's stopping a fight.

"Leave him alone."
"Get off my boyfriend."

Group 1